

Marquette Academy

Academic Excellence in a Catholic Community

May 15, 2023

Dear Parents,

We are beginning to prepare for the next school year at Marquette Academy. Enclosed in this packet you will find your registration information and all pertinent documents you will need.

We are offering an early registration discount of \$100.00 to families from now until 7 pm on June 15. We have several opportunities to drop off your completed packets and benefit from the early registration discount. The schedule of dates, etc. is listed below.

Let us know if you have any questions when you review your packet. Once you complete your packet, you can send it in your student's backpack or return it to the grade school office any time before school is done. Please be sure to include the minimum \$400.00 registration fee. You will receive additional financial information via email from Mary Roberson.

Below are the drop off dates/times for registration:

ALL COMPLETED PACKET DROP OFFS ARE AT THE GRADE SCHOOL CAMPUS:

Wednesday, 5/31 from 5-7 pm grade school office

Starting 6/6 every Tuesday/Thursday during summer between the hours of 8 am - 4 pm. at the **Grade School office**

Thursday, 6/15-from 5 -- 7-pm grade-school office—last day for the \$100 early discount

In order to receive the \$100 early bird registration discount--you must have all paperwork and registration fees (minimum \$400.00) turned in by Thursday, 6/15.

Wednesday, 7/19 from 5 - 7 pm at the grade school office-- Final registration drop off

Any registration received after 7/19 will include a \$250.00 late fee.

Thank you very much for your patience and cooperation. If you do not need this information, please pass it on to someone who might or return it to us.

Respectfully yours,

Brooke Rick Principal Marquette Academy Parents,

All attached financial sheets need to be signed and returned with your packet.

Any changes to your financial sheet (early discount, scholarships, etc.) will be added later and sent to you via email by Mary Roberson.

Thank you.



MARQUETTE ACADEMY

Academic Excellence in a Catholic Community

RE:

New for the 23 24 School Year

Marquette Academy Blue/Gold Hours

Brooke Rick Principal

Fr. Austin Bosse Chaplain

Todd Glade Dean of Students

Dear MA families,

Lisa Tenut Business Manager

For the upcoming school year we are implementing a new program called Blue/Gold hours. Each MA family will be required to work a minimum 5 hours of service to the school. These hours will be mandatory for each MA family. Please note—Financial Aid hours are over and above the required 5 Blue/Gold hours. The first 5 hours completed by each family will be logged as your Blue/Gold hours.

Some examples would be (but not limited to) help at May Merriment for set up, clean up or working the event; working the annual pork chop dinner, working the annual fish dinner, helping with cleaning at the school, etc.

We will send out emails from the offices when there is a need for help and then we can log hours as they are worked. You can work 1 hour for an event or do 5 hours for one event, whatever is easiest for you and your family.

Please let us know if you have any questions.

Thank you in advance for your cooperation in this matter.

Sincerely,
Mrs. Brooke Rick

Parent Signature:

(By signing above you are confirming that you are aware of the new mandatory program)

Please print family name:

Preschool & Elementary Campus 1110 LaSalle St., Ottawa, IL 61350 815,433,1199



High School Campus 1000 Paul St., Ottawa, IL 61350 815.433,0125

www.marquetteacademy.net

Traditions are embraced. Dedication is the norm. Excellence is the expectation.

Parents,

This is for your records

Please use the attached sheet to set up your FACTS payment plan for tuition. If you already have an account, your information will follow from year to year.

Thank you.



Welcome to Marquette Academy. <u>ALL PAYMENTS ARE REQUIRED TO BE ACH PAYMENTS THROUGH FACTS ONLY. THE INVOICE OPTION IS NO LONGER AVAILABLE</u>.

We've listed below how to sign up on Facts but if you have any questions please let us know. Both Mary Roberson and Lisa Tenut can help you. They both work at the High School campus and work with all Marquette families. Once we see that you have signed up on the Facts web site your name will be in a pending file and we will finalize it. You can then start paying. Your monthly payments will not start until August or later if coming to Marquette at a later date. But please sign up on this site as soon as possible.

Starting 2023-24 School Year--If you are an existing MA family and have the "invoice" option on FACTS from previous years, you have to go in to FACTS and update what other payment option you want since invoice is no longer an option.

TO SIGN ON TO THE FACTS MANAGEMENT WEBSITE:

Go to our Marquette Academy website www.marquetteacademy.net at the top of the page is ADMISSIONS click on that and a drop down box will appear. The 7th Item under Admissions is FACTS, click that, on the right side of the page it says HAVE ACCOUNT or below that is NEW ACCOUNT click on new account if you have not signed up on Facts before. Click on CREATE USSERNAME AND PASSWORD for a <u>new</u> account, enter your email address and press enter: 0

Welcome! Thank you for using FACTS.

Please take a few moments to create a user account.

It is highlighted in green <u>Create a new FACTS account</u> click on that and enter your email, then name, address, phone number then it will guide you through the process.

Here is the FACTS phone number for Customer Service in case you need help: <u>1/866-441-4637</u> you can talk to any Customer Service person. FACTS Management <u>Website at: https://online.factsmgt.com.</u>

After you have finished setting up your account, we will see your name in pending we will finalize it and then we will enter your balance. After that you should see your account by the next day. Keep track of your Customer number or ID number for future reference.

Let Mary Roberson – mroberson@marquetteacademy.net or Lisa Tenut – Itenut@marquetteacademy.net know if you have any questions or need help with signing on.

(If you already have a FACTS account every year it will <u>roll over</u> to the new year so you will have the same ID and Customer number. At the beginning of the year your account will be in pending and after we enter your amounts you will be able to see it. Just make sure to check your (checking/savings/credit card) account # to see if that's the one you want to use again. You can change that at any time on FACTS.

Parents, All attached registration forms need to be completed and returned.

Thank you.

MARQUETTE ACADEMY

Early Education & Elementary Campus 1110 LaSalle St., Ottawa, IL 815/433-1199

High School Campus 1000 Paul St., Ottawa, IL 815/433-0125

4. Child's Name: Last First Middle Social Security No: (HSOnly): Birth Date: Race or Ethnicity: (Am Indian/Alaskan Native []) (Hispanic []) (Asian []) (White/ Non-Hisp []) (African-Am/Non-Hisp []) OtherMale: [] / Female: [] Grade entering:	Race or Ethnicity: (Am Indian/Alaskan Native □) (Hispanic □) (Asian □) (White/ Non-Hisp □) (African-Am/Non-Hisp □) OtherMale: □ / Female: □ Grade entering:	3. Child's Name: Last First Middle Social Security No: (HSOnly): Birth Date:	2. Child's Name: Last First Middle Social Security No: (HSOnly): Birth Date: Race or Ethnicity: (Am Indian/Alaskan Native []) (Hispanic []) (Asian []) (White/ Non-Hisp []) (African-Am/Non-Hisp []) Other Male: [] / Female: [] Grade entering:	1. Child's Name: Last First Middle Social Security No: (HSOnly): Birth Date: Race or Ethnicity: (Am Indian/Alaskan Native []) (Hispanic []) (Asian []) (White/ Non-Hisp []) (Aftican-Am/Non-Hisp []) Other Male: [] / Female: [] Grade entering:
Parish or Church You Attend: School District in which you reside: School transferring in from:		Secondary Guardian: Address: City/Zip: Occupation:	Employment: Occupation: Home Phone: Cell Phone: Cell Phone: E-Mail:	Parent Information: Lives with (Circle One): Mother Father Both Primary Guardian: Address: City/Zip:



MEDICAL INFORMATION ONE PER STUDENT

STUDENT/MINOR NAME (first, m	niddle, iast):	
Address:		Date of Birth:
STUDENT/MINOR'S DOCTOR (first	st, middle, last):	Phone:
		of the student/minor (asthma, diabetes, epilepsy, etc.):
		e student minor:
List any medications the student/	minor is presently taking:	:
Date of student/minor's most rec	ent tetanus shot:	
		ny:
Plan Number:	Eı	mployee Identification#;
EMERGENCY CONTACTS: Parent	or Guardian (first, middle	e, last name):
Cell:	Work:	Home:
Other Contact: Name (first, middle	e, last):	
Phone (with area code):		Relationship to student/minor:
	AUTHORIZATION FOR E	MERGENCY MEDICAL TREATMENT
		ol/parish. A copy may be distributed to the person in charge of each ites. Should the need arise this information will be given to the proper
l,	, [parent/	guardian], understand that in the case of Illness or injury to my child,
[c	:hild's name], the school/	parish will try to notify me or the person I have listed as an emergency
contact. In case of medical emerg	ency concerning my child	l, at a time when I or my listed emergency contact cannot be notified
I grant full power to the school/pa	arish to 1) arrange for the	e transportation of my child, whether by ambulance or otherwise, to
a proper facility where emergen	cy medical treatment w	ould normally be administered, including but not limited tom, an
emergency room of a hospital, a c	doctor's office, or a medi	ical clinic; and 2) sign releases as may be required in order to obtain
any medical or surgical treatment	as is required in the judg	ment of medical authorities at the facility.
Signature of Parent/Guardian:		Date:

Marquette Academy PERMISSION FORM FOR SCHOOL WALKING TRIPS

I am the custodial and responsible parent/gu	
	Name of Student(s)
various locations around the Marquette Aca neighborhoods. The Marquette Academy te	y school aged child(ren) to participate in walks to demy Preschool/Elementary/High School campuses eachers and students will take walks to learn about h as the signs of changes in the seasons and traffic
child(ren) to participate in walks between th	preschool, elementary and/or high school aged to Marquette Academy campuses for Masses, plays, my student to participate in walks to WCMY Radio ks.
The activity will be supervised by at least or	ne school employee.
If my child is injured in any way during this following phone number school employee to do as follows:	trip and if I cannot be immediately contacted at the, I grant full power to the supervising
1. Arrange for the transportation of my child facility where emergency medical treatment limited to, an emergency room of a hospital,	d, whether by ambulance or otherwise, to a proper would normally be administered, including but not a doctor's office, or a medical clinic; and
2. Sign releases as may be required in order required in the judgment of medical authorit	to obtain any medical or surgical treatment as is ies at the facility.
	ny child, including, but not limited to, serious ve-concerning these trips-have been-answered.
AGREE TO INDEMNIFY AND HOLD HA their employees and agents, and the voluntee	to make any walking trip, I hereby RELEASE AND RMLESS the Diocese, the parish, the school and ers assisting the school, from any and all liability for other loss to my child or family or me (including child's participation in an activity.
Signature of Parent/Guardian	Signature of Parent/Guardian
Printed name of Parent/Guardian	Printed name of Parent/Guardian
Date Edition 2022	Date

We have read and understand the con	tents of the parent/student handbook and agree to abide by the rules and expectation
stated therein.	
Student(s) Signature	Date
Parent(s)/Guardian(s) Signature	Date
PARENT PERMISSION FO	ORM FOR INTERNET ACCESS
and opportunities for collaboration far	benefit to students from access to the Internet in the form of information resource exceed the disadvantages of access. Should a parent prefer that a student not have still possible for more traditional purposes such as word processing.
Terms and Conditions of Internet A I have read the Marquette Academy child(ren).	greement Internet policy that is found in the handbook and will review this policy with
I understand that the school does not exposed to material that is controversi-	have control of the Internet content, and I realize that students may be accidenta al or offensive while partaking in an educational lesson.
I release Marquette Academy from an use of the Internet.	y liability or damages that may result from my child's inappropriate or unauthoriz
I release Marquette Academy from an Internet.	y liability related to consequences resulting from my child's unauthorized use of
Internet. Having carefully read the school's Ir	y liability related to consequences resulting from my child's unauthorized use of nternet policy, I give permission for my child(ren) to have Internet access at ceptable Use Policy and reinforce it with my child(ren).
Internet. Having carefully read the school's Ir school. I will support the school's Acc	nternet policy, I give permission for my child(ren) to have Internet access at
Internet. Having carefully read the school's Ir school. I will support the school's Acceptants. Parent(s)/Guardian(s) Signature	nternet policy, I give permission for my child(ren) to have Internet access at ceptable Use Policy and reinforce it with my child(ren).
Internet. Having carefully read the school's Ir school. I will support the school's Acceptance Parent(s)/Guardian(s) Signature PUBLICITY FORM On occasion, Marquette Academy take involved in school/parish activities. Suremember the activities or participants publications or advertising materials to hear of our activities or events, and our	Date Date
Internet. Having carefully read the school's Ir school. I will support the school's Acceptance. Parent(s)/Guardian(s) Signature PUBLICITY FORM On occasion, Marquette Academy take involved in school/parish activities. Suremember the activities or participants, publications or advertising materials to hear of our activities or events, and our used, distributed, or displayed as agent	Date Date
Internet. Having carefully read the school's Ir school. I will support the school's Acceptance Parent(s)/Guardian(s) Signature PUBLICITY FORM On occasion, Marquette Academy take involved in school/parish activities. Suremember the activities or participants, publications or advertising materials to hear of our activities or events, and our used, distributed, or displayed as agent photographs, videotape, and audio recompositions.	Date
Internet. Having carefully read the school's Ir school. I will support the school's Acceparent(s)/Guardian(s) Signature PUBLICITY FORM On occasion, Marquette Academy take involved in school/parish activities. Suremember the activities or participants, publications or advertising materials to hear of our activities or events, and our used, distributed, or displayed as agent photographs, videotape, and audio recorderate(s)/Guardian(s) Signature	Date

Parents, All attached medical exams need to be completed and returned at the start of school. Thank you.





PREPARTICIPATION PHYSICAL EVALUATION

HISTORY FORM

	Complete and sign this form (with your parents if younger than 18) before your appointment.					
Name:						
Date of examination:						
Sex assigned at birth (F, M, or intersex):	How do	you identify your	gender? (F, M, or other)	:		
List past and current medical conditions.						
Have you ever had surgery? If yes, list all past surgi						
Medicines and supplements: List all current prescri	ptions, over-the-co	unter medicines, a	nd supplements (herbal	and nutritional).		
Do you have any allergies? If yes, please list all yo	our allergies (ie, me	dicines, pollens, fo	ood, stinging insects).			
Patient Health Questionnaire Version 4 (PHQ-4) Over the last 2 weeks, how often have you been be	othered by any of	the following prob	lems? (Circle response.)			
	Not at all	Several days	Over half the days	Nearly every day		
Feeling nervous, anxious, or on edge	0	1	2	3		
Not being able to stop or control worrying	0	1	2	3		
Little interest or pleasure in doing things	0	1	2	3		
Feeling down, depressed, or hopeless	0	1	2	3		
$ A \le 3$ is considered positive on either	subscale lauestion	s 1 and 2 or alle	stions 3 and 41 for scree	enina nurnoses l		

_ (Ex	NERAL QUESTIONS plain "Yes" answers at the end of this form. Le questions if you don't know the answer.	Yes	No
1	Do you have any concerns that you would like to discuss with your provider?		
2	Has a provider ever denied or restricted your participation in sports for any reason?		
3	Do you have any ongoing medical issues or recent illness?		
HE	ART HEALTH QUESTIONS ABOUT YOU	Yes	No
4	Have you ever passed out or nearly passed out during or after exercise?		
5	Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise?		
6	Does your heart ever race, flutter in your chest, or skip beats (irregular beats) during exercise?		
7.	Has a doctor ever told you that you have any heart problems?		
8	Has a doctor ever requested a test for your heart? For example, electrocardiography (ECG) or echocardiography.		

	RT HEALTH QUESTIONS ABOUT YOU NTINUED)	Yes	No
9,	Do you get light-headed or feel shorter of breath than your friends during exercise?		
10.	Have you ever had a seizure?		
HEA	RT HEALTH QUESTIONS ABOUT YOUR FAMILY	Yes	No
11,	Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 35 years (including drowning or unexplained car crash)?		,
12.	Does anyone in your family have a genetic heart problem such as hypertrophic cardiomyopathy (HCM), Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy (ARVC), long QT syndrome (LQTS), short QT syndrome (SQTS), Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia (CPVT)?		
13.	Has anyone in your family had a pacemaker or an implanted defibrillator before age 35?		



MEDICAL ELIGIBILITY FORM



PREPARTICIPATION PHYSICAL EVALUATION

Date of birth: ☐ Medically eligible for all sports without restriction Medically eligible for all sports without restriction with recommendations for further evaluation or treatment of ☐ Medically eligible for certain sports ☐ Not medically eligible pending further evaluation ☐ Not medically eligible for any sports Recommendations: I have examined the student named on this form and completed the preparticipation physical evaluation. The athlete does not have apparent clinical contraindications to practice and can participate in the sport(s) as outlined on this form. A copy of the physical examination findings are on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, the physician may rescind the medical eligibility until the problem is resolved and the potential consequences are completely explained to the athlete (and parents or guardians). Address: ___ Signature of health care professional: ______, MD, DO, NP, or PA SHARED EMERGENCY INFORMATION Medications: Other information: Emergency contacts:



Foot and toes Functional

Signature of health care professional: ___

Double-leg squat test, single-leg squat test, and box drop or step drop test



PREPARTICIPATION PHYSICAL EVALUATION

PHYSICAL EXAMINATION FORM

Name: Date of bit	th:	
PHYSICIAN REMINDERS		
1. Consider additional questions on more-sensitive issues.		
Do you feel stressed out or under a lot of pressure?		
 Do you ever feel sad, hopeless, depressed, or anxious? 		
 Do you feel safe at your home or residence? 		
• Dutantana 20 dan dilaman da tan 1 Maria		
During the past 30 days, did you use chewing tobacco, snuff, or dip? • Do you drink alcohol or use any other drugs?		
Have you ever taken anabolic steroids or used any other performance-enhancing supplement?		
 Have you ever taken any supplements to help you gain or lose weight or improve your performance? 		
 Do you wear a seat belt, use a helmet, and use condoms? 		
2. Consider reviewing questions on cardiovascular symptoms (Q4–Q13 of History Form).		
EXAMINATION		
Height: Weight:		
	ted; □Y I	
MEDICAL	NORMAL	ABNORMAL FINDINGS
Appearance		
Marfan stigmata (kyphoscoliosis, high-arched palate, pectus excavatum, arachnodactyly, hyperlaxity,		
myopia, mitral valve prolapse [MVP], and aortic insufficiency)		
Eyes, ears, nose, and throat		
Pupils equal Hamilian		
Hearing		
Lymph nodes		
Heari ^a		
Murmurs (auscultation standing, auscultation supine, and ± Valsalva maneuver)		
Lungs		
Abdomen		
Skin		
 Herpes simplex virus (HSV), lesions suggestive of methicillin-resistant Staphylococcus aureus (MRSA), or tinea corporis 		
Neurological		
MUSCULOSKELETAL	NORGAL	ABNORMAL FINDINGS
Neck	INCRIMAL	ABNORWAL FINDINGS
Back		
Shoulder and arm		
Elbow and forearm		
Wrist, hand, and fingers		
Hip and thigh		
Knee		
Leg and ankle		

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4,3,117	DNE AND JOINT QUESTIONS :	Yes	No	MEDICAL	QUESTIONS (CONTINUED)		Yes	No
14	. Have you ever had a stress fracture or an injury			25. Do y	ou worry about your weight	<u>s</u>		
	to a bone, muscle, ligament, joint, or tendon that caused you to miss a practice or game?				you trying to or has anyone you gain or lose weight?	recommended		
	Do you have a bone, muscle, ligament, or joint injury that bothers you?			27. Are y	ou on a special diet or do y in types of foods or food gro	oups?		
200	DICAL QUESTIONS	Yes	No		you ever had an eating dis		 	
16	. Do you cough, wheeze, or have difficulty breathing during or after exercise?			FEMALES (DNLY		Yes	No
17	. Are you missing a kidney, an eye, a testicle				you ever had a menstrual p			<u> </u>
10	(males), your spleen, or any other organ?			30. How mens	old were you when you had Irual period?	your first		
10	Do you have groin or testicle pain or a painful bulge or hernia in the groin area?			31, Whe	n was your most recent men	strual period?	 	
19.	Do you have any recurring skin rashes or rashes that come and go, including herpes or methicillin-resistant Staphylococcus aureus (MRSA)?			mont	many periods have you had ns? ´es" answers here.	in the past 12		
20.	Have you had a concussion or head injury that caused confusion, a prolonged headache, or memory problems?							
21.	Have you ever had numbness, had tingling, had weakness in your arms or legs, or been unable to move your arms or legs after being hit or falling?							
22,	Have you ever become ill while exercising in the heat?							
23.	Do you or does someone in your family have sickle cell trait or disease?							
24.	Have you ever had or do you have any prob- lems with your eyes or vision?							
	···					·		

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Signature of parent or guardian:

GRADES 9 – 12 HIGH SCHOOL ATHLETICS

PLEASE RETURN THESE FORMS SIGNED.

THANK YOU.

Marquette Academy High School - Athletic and Sporting Events Parental/Guardian Consent Form and Liability Waiver

Student's Name:	THE CONTRACTOR AND ADDRESS OF THE CONTRACTOR AND ADDRESS OF THE CONTRACTOR ADDRESS OF THE CONTRA	, <u>-,</u>	
Birth Date:	Gender:		
Parent/Guardian's Name:			
Home Address:			
Home Phone:	Work #:		Cell #'s:
Request for Permission:			
As parent and/or legal guardian, I a interscholastic athletics in the follo			
Baseball Softball Volleyball Track & Field Other:	Basketball Cross Country Cheerleading Wrestling		Scholastic Bowl Football Golf Dance Team
risks involved with my child's trav	el. I further understand t iited to, serious personal i	ĥat participat	l games. I acknowledge and accept the ion in sports presents to my child the h. Any questions I have concerning
AND AGREE TO INDEMNIFY A school, coaches, chaperones, volun agents, from any and all liability fo family or me (including attorneys'	AND HOLD HARMLESS ateers or representatives a or injuries, damages, med fees) arising from or rela	S the Catholic ssociated wit ical expenses ited to my chi	ndicated above, I hereby RELEASE Diocese of Peoria, the parishes, the h the event, and their employees and s, or any other loss to my child or lld's participation. Additionally, I given any sports program, publication or
extension of the classroom, offering respect for all players, coaches, spe encourage and uplift the teams invo	g important learning expectators, and officials. I volved. I understand the s	eriences for the will only parti pirit of fair pl	Il remember that school athletics is an he students. Therefore, I will show icipate in cheers that support, lay and good sportsmanship expected g a parent/guardian of a student athlete
Parent Signature:		Date:	
Parent Signature:		Date:	

MARQUETTE ACADEMY HIGH SCHOOL

CONSENT FORM REQUIRED OF ALL

PARENTS AND STUDENTS

I/We have read the policy statement regarding the mandatory screening for drug usage that is required of all students in attendance at Marquette Academy High School.

I/We understand that the school will request a hair sample of our son/daughter for the purpose of this screening and I/we agree that our son/daughter will submit a sample upon request at any time. I/We agree to the methodology being used for hair sampling and sharing the results with appropriate persons referred to in the policy. I/We further agree to defend and indemnify the high school and the Diocese of Peoria, their employees and agents, against any demands or claims of any type whatsoever (including the cost of attorney fees) asserted or based upon any liability arising in any way from or related in any way to the Drug Screening Program, or any acts, errors, or omissions relating thereto, by the student identified below whose attendance at the high school is conditioned upon execution of this consent.

I/We understand that failure to comply with this policy in any part or in whole constitutes cause for immediate dismissal from the school.

I/We agree to abide by the terms mandated by this policy if our son/daughter tests positive for the presence of a prohibited substance and will cooperate fully in obtaining an immediate assessment from a substance abuse professional. Furthermore, I/we agree to also cooperate with the particular plan of treatment or recovery that is recommended for our son/daughter.

I/We fully understand that refusal to sign this consent form renders our son/daughter ineligible for attendance at Marquette Academy High School.

Student's Name;	
Student's Signature:	Date:
Parent/Guardian Signature:	Date:
Parent/Guardian Signature:	Date:

CHRISTIAN SERVICE LEARNING PROGRAM (9-12)

I am the custodial and responsible parent/guardian of
I understand that the completion of 30 hours per year for the Christian Service Learning Program is a requirement before final exame as well as for graduation from Marquette Academy.
I understand that padicipation is acceptable project(s) is at the discretion of my son/daughter with my approxal and that Marquette Academy assumes no responsibility for accident or injury involving the student or others while participating in a project outside school hours and not supervised by school personnel.
I understand the risks such participation presents to my child, including but not limited to, serious personal injury or death. Any questions I have concerning this program have been answered.
In consideration of my child being allowed to participate in this program, I hereby RELHASE AND AGREE TO INDEMNIFY AND HOLD HARMLESS the Diocese of Peoris, the parish, the school and their employees and agents, and the volunteers assisting the school, from any and ell liability for injuries, damages, medical expenses, or say other loss to my child or family or me (including atterpays' fees) arising from or related to my child's participation in this magran.
I understand that the supervisor of this project will keep an accurate record of the student's hours and will, at the completion of the project, evaluate the student's performance.
Parent/Guardian
The state of the s
Date
Cr.V-ligh School Roy Found Christian Stre Frent Francisc



IHSA Sports Medicine Acknowledgement & Consent Form

Acknowledgement and Consent

Student/Parent Consent and Acknowledgements

By signing this form, we acknowledge we have been provided information regarding concussions and the IHSA Performance-Enhancing Substance Policy.

STUDENT	
Student Name (Print):	
Student Signature:	Date:
PARENT or LEGAL GUARDIAN	
Name (Print):	
Signature:	Date:
Relationship to student:	
Consent to Self Administer Asthma Medication	

Illinois Public Act 098-0795 provides new directions for schools concerning the self-carry and self-administration of asthma medication by students. In order for students to carry and self-administer asthma medication, parents or guardians must provide schools with the following:

- Written authorization from a student's parents or guardians to allow the student to self-carry and self-administer the medication.
- The prescription label, which must contain the name of the asthma medication, the prescribed dosage, and the time at which or circumstances under which the asthma medication is to be administered.

A full copy of the law can be found at http://www.ilga.gov/legislation/publicacts/98/PDF/098-0795.pdf.

GRADES 9 – 12 HIGH SCHOOL ATHLETICS

PLEASE READ AND KEEP THESE FORMS.

THANK YOU.



IHSA Sports Medicine Acknowledgement & Consent-Form

Concussion Information Sheet

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. In other words, even a "ding" or a bump on the head can be serious. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:

- Headaches
- "Pressure in head"
- Nausea or vomiting
- Neck pain
- Balance problems or dizziness
- Blurred, double, or fuzzy vision
- Sensitivity to light or noise
- Feeling sluggish or slowed down
- Feeling foggy or groggy
- Drowsiness
- Change in sleep patterns

- Amnesia
- "Don't feel right" %
- Fatigue or low energy
- Sadness
- Nervousness or anxiety
- Irritability
- More emotional
- Confusion
- Concentration or memory problems (forgetting game plays)
- Repeating the same question/comment

Signs observed by teammates, parents and coaches include:

- Appears-dazed-
- Vacant facial expression
- Confused about assignment
- Forgets plays
- Is unsure of game, score, or opponent
- Moves clumsily or displays incoordination
- Answers questions slowly
- Slurred speech
- Shows behavior or personality changes
- Can't recall events prior to hit
- · Can't recall events after hit
- Seizures or convulsions
- Any change in typical behavior or personality
- Loses consciousness



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Concussion Information Sheet (Cont.)

What can happen if my child keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often fail to report symptoms of injuries. Concussions are no different. As a result, education of administrators, coaches, parents and students is the key to student-athlete's safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The Youth Sports Concussion Safety Act requires athletes to complete the Return to Play (RTP) protocols for their school prior to returning to play or practice following a concussion or after being removed from an interscholastic contest due to a possible head injury or concussion and not cleared to return to that same contest.

You should also inform your child's coach if you think that your child may have a concussion. Remember it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to: http://www.cdc.gov/ConcussionInYouthSports/

Adapted from the CDC and the 3rd International Conference on Concussion in Sport Document created 7/1/2011 Reviewed 4/24/2013, 7/16/2015, July 2017



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IHSA Performance-Enhancing Substance Policy

In 2008, the IHSA Board of Directors established the association's Performance-Enhancing Substance (PES) Policy. A full copy of the policy and other related resources can be accessed on the IHSA Sports Medicine website. Additionally, links to the PES Policy and the association's Banned Drug classes are listed below. School administrators are able to access the necessary-resources-used for policy———implementation in the IHSA Schools Center.

As a prerequisite to participation in IHSA athletic activities, we have reviewed the policy agree that I/our student will not use performance-enhancing substances as defined by the policy. We understand that failure to follow the policy could result in penalties being assigned to me/our student either by the my/our student's school or the IHSA.

IHSA PES Policy

http://www.ihsa.org/documents/sportsMedicine/2017-18/2017-18 PES policy.pdf

IHSA Banned Drug Classes

http://www.ihsa.org/documents/sportsMedicine/current/IHSA Banned Drugs.pdf